1 romaine lettuce (or red leaf lettuce or green leaf lettuce\_

Swiss Chard

1 Celery

4 Carrots

1 Cucumber

1 Italian parsley (if looks good)

Strawberries

2 servings zucchini or yellow squash

1 lb. zucchini

2 medium zucchinis

1 lb. broccoli

5 plum tomatoes (or equivalent in other tomatoes)

2 packages spinach

Bananas (4)

Fruit (6 servings plus some for Yi Liang)

Yellow peaches ($2.49/lb.)

Red or green grapes ($1.29/lb.)

Brown Rice

Argo Cornstarch

Small bags of chips ($14.99/42)

8 oz. shredded sharp cheddar cheese

Cheese sticks

2 packages boneless, skinless chicken thighs ($3.99/lb.)

Jam

Martinelli’s drink

Sunnyside Ice Cream ($2.88)

l'Oreal Preference, Number 3, Soft Black

Toilet paper (Costco)